



## MEDICAL HISTORY FORM

|  |   |  |  |                                |                                   |  |                                    |                                 |                                       |  |                                   |                                     |                                    |   |                                       |                                 |                                 |  |                                    |                                       |                                    |  |                               |                                      |   |   |                                    |  |   |                                   |  |
|--|---|--|--|--------------------------------|-----------------------------------|--|------------------------------------|---------------------------------|---------------------------------------|--|-----------------------------------|-------------------------------------|------------------------------------|---|---------------------------------------|---------------------------------|---------------------------------|--|------------------------------------|---------------------------------------|------------------------------------|--|-------------------------------|--------------------------------------|---|---|------------------------------------|--|---|-----------------------------------|--|
| Name:  | Date:                                       | Birthdate:                                   | Age:                                   |                                |                                   |  |                                    |                                 |                                       |  |                                   |                                     |                                    |   |                                       |                                 |                                 |  |                                    |                                       |                                    |  |                               |                                      |   |   |                                    |  |   |                                   |  |
| Referring Physician:   |   | Phone#:                                      |  |                                |                                   |  |                                    |                                 |                                       |  |                                   |                                     |                                    |   |                                       |                                 |                                 |  |                                    |                                       |                                    |  |                               |                                      |   |   |                                    |  |   |                                   |  |
| Condition to be treated:   |   | Date Condition Began:                        |  |                                |                                   |  |                                    |                                 |                                       |  |                                   |                                     |                                    |   |                                       |                                 |                                 |  |                                    |                                       |                                    |  |                               |                                      |   |   |                                    |  |   |                                   |  |
| <p><b>Please Check All that Apply</b></p> <table style="width: 100%; border: none;"> <tr> <td><input type="checkbox"/> Heart</td> <td><input type="checkbox"/> Diabetes</td> <td><input type="checkbox"/> High Blood Pressure</td> <td><input type="checkbox"/> Pacemaker</td> </tr> <tr> <td><input type="checkbox"/> Cancer</td> <td><input type="checkbox"/> Tuberculosis</td> <td><input type="checkbox"/> Visual Impairment</td> <td><input type="checkbox"/> Epilepsy</td> </tr> <tr> <td><input type="checkbox"/> HIV / AIDS</td> <td><input type="checkbox"/> Arthritis</td> <td><input type="checkbox"/> Hearing Impairment</td> <td><input type="checkbox"/> Fibromyalgia</td> </tr> <tr> <td><input type="checkbox"/> Stroke</td> <td><input type="checkbox"/> Asthma</td> <td><input type="checkbox"/> Latex Allergy</td> <td><input type="checkbox"/> Scoliosis</td> </tr> <tr> <td><input type="checkbox"/> Osteoporosis</td> <td><input type="checkbox"/> Hepatitis</td> <td><input type="checkbox"/> Swelling Hands/Feet</td> <td><input type="checkbox"/> Gout</td> </tr> <tr> <td><input type="checkbox"/> Sleep Apnea</td> <td><input type="checkbox"/> Anxiety/Depression</td> <td><input type="checkbox"/> Raynaud's Syndrome</td> <td><input type="checkbox"/> Dizziness</td> </tr> <tr> <td><input type="checkbox"/> TMJ (Jaw Clenching)</td> <td><input type="checkbox"/> Trouble Swallowing</td> <td><input type="checkbox"/> Fainting</td> <td><input type="checkbox"/> Double Vision</td> </tr> </table> <p>Other Conditions: _____</p> |   |  |  | <input type="checkbox"/> Heart | <input type="checkbox"/> Diabetes | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Pacemaker | <input type="checkbox"/> Cancer | <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> Visual Impairment | <input type="checkbox"/> Epilepsy | <input type="checkbox"/> HIV / AIDS | <input type="checkbox"/> Arthritis | <input type="checkbox"/> Hearing Impairment | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Stroke | <input type="checkbox"/> Asthma | <input type="checkbox"/> Latex Allergy | <input type="checkbox"/> Scoliosis | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Swelling Hands/Feet | <input type="checkbox"/> Gout | <input type="checkbox"/> Sleep Apnea | <input type="checkbox"/> Anxiety/Depression | <input type="checkbox"/> Raynaud's Syndrome | <input type="checkbox"/> Dizziness | <input type="checkbox"/> TMJ (Jaw Clenching) | <input type="checkbox"/> Trouble Swallowing | <input type="checkbox"/> Fainting | <input type="checkbox"/> Double Vision |
| <input type="checkbox"/> Heart   | <input type="checkbox"/> Diabetes           | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Pacemaker     |                                |                                   |  |                                    |                                 |                                       |  |                                   |                                     |                                    |   |                                       |                                 |                                 |  |                                    |                                       |                                    |  |                               |                                      |   |   |                                    |  |   |                                   |  |
| <input type="checkbox"/> Cancer  | <input type="checkbox"/> Tuberculosis       | <input type="checkbox"/> Visual Impairment   | <input type="checkbox"/> Epilepsy      |                                |                                   |  |                                    |                                 |                                       |  |                                   |                                     |                                    |   |                                       |                                 |                                 |  |                                    |                                       |                                    |  |                               |                                      |   |   |                                    |  |   |                                   |  |
| <input type="checkbox"/> HIV / AIDS  | <input type="checkbox"/> Arthritis          | <input type="checkbox"/> Hearing Impairment  | <input type="checkbox"/> Fibromyalgia  |                                |                                   |  |                                    |                                 |                                       |  |                                   |                                     |                                    |   |                                       |                                 |                                 |  |                                    |                                       |                                    |  |                               |                                      |   |   |                                    |  |   |                                   |  |
| <input type="checkbox"/> Stroke  | <input type="checkbox"/> Asthma             | <input type="checkbox"/> Latex Allergy       | <input type="checkbox"/> Scoliosis     |                                |                                   |  |                                    |                                 |                                       |  |                                   |                                     |                                    |   |                                       |                                 |                                 |  |                                    |                                       |                                    |  |                               |                                      |   |   |                                    |  |   |                                   |  |
| <input type="checkbox"/> Osteoporosis  | <input type="checkbox"/> Hepatitis          | <input type="checkbox"/> Swelling Hands/Feet | <input type="checkbox"/> Gout          |                                |                                   |  |                                    |                                 |                                       |  |                                   |                                     |                                    |   |                                       |                                 |                                 |  |                                    |                                       |                                    |  |                               |                                      |   |   |                                    |  |   |                                   |  |
| <input type="checkbox"/> Sleep Apnea   | <input type="checkbox"/> Anxiety/Depression | <input type="checkbox"/> Raynaud's Syndrome  | <input type="checkbox"/> Dizziness     |                                |                                   |  |                                    |                                 |                                       |  |                                   |                                     |                                    |   |                                       |                                 |                                 |  |                                    |                                       |                                    |  |                               |                                      |   |   |                                    |  |   |                                   |  |
| <input type="checkbox"/> TMJ (Jaw Clenching)   | <input type="checkbox"/> Trouble Swallowing | <input type="checkbox"/> Fainting            | <input type="checkbox"/> Double Vision |                                |                                   |  |                                    |                                 |                                       |  |                                   |                                     |                                    |   |                                       |                                 |                                 |  |                                    |                                       |                                    |  |                               |                                      |   |   |                                    |  |   |                                   |  |
| <input type="checkbox"/> Yes <input type="checkbox"/> No   Have you had surgery for your condition?<br><input type="checkbox"/> Yes <input type="checkbox"/> No   Is condition related to an Auto Accident?<br><input type="checkbox"/> Yes <input type="checkbox"/> No   Is condition related to a work accident?<br><input type="checkbox"/> Yes <input type="checkbox"/> No   Are you working with a lawyer for your injury?<br><input type="checkbox"/> Yes <input type="checkbox"/> No   Have you had any injections for your condition?  |   |  |  |                                |                                   |  |                                    |                                 |                                       |  |                                   |                                     |                                    |   |                                       |                                 |                                 |  |                                    |                                       |                                    |  |                               |                                      |   |   |                                    |  |   |                                   |  |
| Please list any diagnostic tests (ex. MRI, X-ray) you have had for this condition:   |   |  |  |                                |                                   |  |                                    |                                 |                                       |  |                                   |                                     |                                    |   |                                       |                                 |                                 |  |                                    |                                       |                                    |  |                               |                                      |   |   |                                    |  |   |                                   |  |
| Please list any medications that you are taking:   |   |  |  |                                |                                   |  |                                    |                                 |                                       |  |                                   |                                     |                                    |   |                                       |                                 |                                 |  |                                    |                                       |                                    |  |                               |                                      |   |   |                                    |  |   |                                   |  |
| What are your current symptoms?  |   |  |  |                                |                                   |  |                                    |                                 |                                       |  |                                   |                                     |                                    |   |                                       |                                 |                                 |  |                                    |                                       |                                    |  |                               |                                      |   |   |                                    |  |   |                                   |  |
| How did the injury or problem occur?   |   |  |  |                                |                                   |  |                                    |                                 |                                       |  |                                   |                                     |                                    |   |                                       |                                 |                                 |  |                                    |                                       |                                    |  |                               |                                      |   |   |                                    |  |   |                                   |  |
| <p>Please rate your pain using a 0-10 scale (0=no pain, 10=the worst pain you can imagine)</p> <p>_____ Worst pain since onset</p> <p>_____ Best pain since onset</p> <p>_____ Today's pain</p>  |   |  |  |                                |                                   |  |                                    |                                 |                                       |  |                                   |                                     |                                    |   |                                       |                                 |                                 |  |                                    |                                       |                                    |  |                               |                                      |   |   |                                    |  |   |                                   |  |
| Where is your pain or problem located?   |   |  |  |                                |                                   |  |                                    |                                 |                                       |  |                                   |                                     |                                    |   |                                       |                                 |                                 |  |                                    |                                       |                                    |  |                               |                                      |   |   |                                    |  |   |                                   |  |
| Is your pain? <input type="checkbox"/> Constant <input type="checkbox"/> Intermittent <input type="checkbox"/> Dull <input type="checkbox"/> Sharp <input type="checkbox"/> Other _____  |   |  |  |                                |                                   |  |                                    |                                 |                                       |  |                                   |                                     |                                    |   |                                       |                                 |                                 |  |                                    |                                       |                                    |  |                               |                                      |   |   |                                    |  |   |                                   |  |
| What makes your pain / problem better?   |   |  |  |                                |                                   |  |                                    |                                 |                                       |  |                                   |                                     |                                    |   |                                       |                                 |                                 |  |                                    |                                       |                                    |  |                               |                                      |   |   |                                    |  |   |                                   |  |



|  |  |                    |
|--|--|--------------------|
| What makes your pain / problem worse?  |  |                    |
| <input type="checkbox"/> Yes <input type="checkbox"/> No   Is there pain present at night? What position helps you to sleep? _____   |  |                    |
| <input type="checkbox"/> Yes <input type="checkbox"/> No   Have you had PT for this condition? Where? _____  |  |                    |
| <input type="checkbox"/> Yes <input type="checkbox"/> No   Are you currently working?  | If no, how many total days of work have you missed?      |                    |
| Are your work duties <input type="checkbox"/> Full <input type="checkbox"/> Restricted   | How many hours do you work per week?                     |                    |
| Who is your employer?  | What type of work do you do?                             |                    |
| What activities in your daily life or work duties have been most affected by your problem?   |  |                    |
| What do you hope to accomplish with therapy?   |  |                    |
| Are you exercising at home?  | <input type="checkbox"/> Yes <input type="checkbox"/> No | If yes, what type? |
| Are you using heat or cold?  | <input type="checkbox"/> Yes <input type="checkbox"/> No | If yes, what type? |
| Are you wearing a sling or brace?  | <input type="checkbox"/> Yes <input type="checkbox"/> No | If yes, what type? |
| Do you smoke?  | <input type="checkbox"/> Yes <input type="checkbox"/> No | If yes, how much?  |
| What type of non-work activities are you involved in?  |  |                    |
| When are you scheduled to see your doctor again?   |  |                    |
| Other Comments:  |  |                    |
| <p>To the best of my knowledge and belief, the information I have given is complete and true. I hereby give my consent to receive therapy and wellness services by the staff of Kinetic Physical Therapy and Wellness. I consent for referral to a hospital or physician for the purpose of provision of emergency medical care if indicated even if I am unable to provide permission at the time of the emergency.</p> |  |                    |
| _____<br>Patient/Guardian Signature  |  | _____<br>Date      |